

I. RESTORE BY BRINGING BACK TO CONSCIOUSNESS

A. BACKUP

External Drive . Capacity ≥ 500 Mb

Application Features

1. Disc Image Backup includes: Operating system, All folders and files
2. Continuous data updating
3. Backup Recovery Points
 - Backup frequency – Set as an option
 - Option to perform an immediate Recovery Point backup
4. When backup drive reaches full capacity, oldest data is removed to make room for new backups.
5. A method for creating the Recovery media that is necessary for computer boot up in order to perform Recovery. Use a CD as the Recovery media (recommended)

B. RESTORE & RECOVERY

B.1 Restore - Facility exists to restore files from Recovery Point backups

B.2 Recovery - Full System Recovery restores entire Disc Image from a Recovery Point backup

The computer must be booted up from the Recovery media.

- Shut down the computer
 - With the Recovery media inserted:
 - **Start → Immediately** keep **pressing F12** to select Boot Options.
 - Within **Legacy**: choose **CD/DVD/CD-RW** drive to start Recovery.
 - Choose a Recovery Point backup to restore. The recovery will take several hours.
- Bon voyage.

C. TECH SUPPORT

Availability for telephone contact

D. List of a Few B & R Programs Worth Investigating

<u>Name</u>	<u>Comment</u>
ReBit	Program that I use; has all the features listed above
Casper8.0	Complete Disc Image Backup
Carbonite Plus	Mirror Image Backup
Acronis 2014	Disc Imaging

II. *RESTORE VIA RESTORE POINTS*

Press **Start** → Select **Computer** → In the above row, click **System Properties**.

In the **Left** pane,click **System Protection**.

1. Create a System Restore Point

Click **Create** → Type a description → **Create** → **Close**

2. Revert Computer to a Restore Point

Click **System Restore** .

In the System Restore screen, → **Next** → Select a Restore Point Date → **Next**

Delete Restore Points

You cannot delete an individual restore point, but you can either delete all restore points or all but the most recent restore point.

1. Delete All Restored Points

Open Windows Explorer → Select **Computer** → **System Properties**.

In the **Left** pane,click **System Protection**.

- Under **Protection Settings** → **Configure**.
- Under **Disk Space Usage** → **Delete**.
- Click **Continue** → **OK**.

2. Delete All But The Most Recent Restore Point

Preliminary (One Time)

Start → **Programs** → **Accessories** → **System Tools** → Right click **Disk Cleanup** → **SendTo** → **Desktop** (shortcut) as **DiskCleanup** icon .

- In Desktop: Select **DiskCleanup** icon → Select drive letter **C** to start a calculation
- After the calculation

Click the **More** Options tab:

Under **System Restore and Shadow Copies**, click **Clean up**.

In the Disk Cleanup dialog box, click **Delete**.

Click **Delete Files**, and then click **OK**.